

Individuation Level 6

Timothy Leary and Robert Anton Wilson claimed certain sacraments activated the sixth circuit of consciousness. The self programming circuit. If legality, practicality, or individual disposition does not prevail in providing said sacraments for use during this ceremony, I consider the best way to enter the sixth circuit to self program.

As preparation for this Individuation, jot down a minimum of three characters and personalities you would have an interest in acting out. They should be unique from one another, and capable of highly emotional reactions to stimulus. And they should be appealing to you the creator as possible temporary versions of yourself.

The temple is to be a dimly lit room.

The altar is to be a cardboard box.

Sit quietly in front of the box, and imagine the following words vibrating outward from your form as you try to sustain a visualization of a fictional city bustling with people:

*The city surrounds me,
I feel the fog of pollution weighing heavily on my lungs.
The faith of the crowds sustains me,
the conscious pulse of the city.
I am
this place
I am
expanding as a crowded space afloat atop clear ocean waters.*

Visualize yourself as one of the character roles you created interacting with the city, alter your emotional state by concentrating until you are similar in disposition to the character. Visualize a scene wherein the character performs some heroic or villainous act, or something neutral yet fascinating. Repeat with all the characters you prepared for the initiation.

Come back to your starting emotional state. Visualize the city again, in an expanded form surrounding you. Hear vibrating outward into the city:

*This chaotic place
in this dark space
swirls and echoes thru my imagination
creating the incomplete sensation*

*of the full on manifestation
of a subconscious density
to be
penetrated.*

As a final meditation to conclude the ceremony, for five minutes focus on directly increasing then decreasing emotions and sensation at will. Anger, fear, pride, love, cold adrenaline.