

Level Five Individuation Ceremony

Individuation Ceremony Level Five consists in facing the subconsciousness by utilizing the form of a familiar fictional figure: Nyarlathotep from HP Lovecraft's myths. The Individuate "crosses the abyss" and begins the initiatory process of bringing subconscious information to the surface.

If legal in your neck of the woods, a sacrament of cannabis, 5th circuit stimulant, may be helpful.

Initiation into the fifth circuit is the first instance wherein the Individuate faces a part of the mind not usually imprinted or conditioned by the normal cycles of life. This is one reason I consider it useful to begin to try to bring imprinting and conditioning to light. From a less conditioned mindset it may be easier to spot programming, and the hidden self.

The poem below is a guided meditation. The Individuate does as the poem instructs, calling out to Nyarlathotep and visualizing the described manifestation of Nyarlathotep. After Nyarlathotep manifests, the initiate is instructed to contemplate or meditate, and while visualizing the pitch black form of Nyarlathotep, should look for things about hir psyche s/he keeps hidden from himself.

Also while meditating on the horrifying figure of Nyarlathotep and the Individuate's own shadow, initiate should focus on bringing to surface what s/he fears, and on releasing all fear as an effort of focus.

I gaze into the shadow of my psyche expectantly. A black lake bubbles over. I prepare for revelation after epiphany, calmly meditating upon silent darkness. I imagine a starless night sky and call out,

"Nyarlathotep! Nyarlathotep, crawling chaos, come forth!"

*Atop the lake of black,
a swirling darkness gathers
and emerge strange tentacles,
massive wings as of a bat
And, as crawling chaos only can,
he shifts into a tall and thin
caucasian featured
pitch black man.*

"Nyarlathotep, calm and patient be, for me,"

I say, and steadily

silently

Contemplate.