

As a consciousness expansion exercise, after studying the technique in Hindu scriptures, I learned how to visualize cities inside my aura. The vastness of the visualization seems stimulating to my brain's activity level.

Classic fantasy writers have popularized providing a map/maps of fictional places, as plugged into descriptive writing. Studying actual maps may make it easier to draw such a schemata of a fictional city.

Once a map of the city has been accomplished, visualize it gradually enlarging from an abstract into a realistic state.

City building can be useful social modeling.

Psychic development may result from building a character memory system of plausible supernatural personality types into the city (sounds like sidhi).

As a city building exercise of my own, Eschillion is intended (by one version of the myths) to symbolize heaven as defended by elite Buddha psychics. The characters in the myths have achieved Nirvana by transitioning into the Eschillion Guard, with the exception of Banshee Priestess whom achieved Nirvana by having sex. Chrystal City, and its myths (including the contents of Eschillion Key) are intended as the false utopia of selfishness generating criminal chaos state anarchy - and exploring this concept is intended to unlock the authentically utopian, selfless anarchy of Eschillion.

Five black pillars may be visualized surrounding one's person on all four sides as an abstract for Chrystal City, and six gold pillars surrounding the five, three on each side, may be visualized to symbolize Eschillion. These pillars may be used as retentional symbols of banishment of negative energy and negative emotion, and to evoke positive emotion.

It may be helpful toward learning to build cities into your aura to build up Chrystal City and Eschillion. The role playing section of this website contains ample myths and descriptions of each of these fictional places.