Probability of truth may be extracted from the time tested scientific method. This is superior to philosophy.

Philosophically, probability of truth or untruth may be calculated as the measure of abstraction between self and total simultaneous retention of all relevant variables. Zero abstraction = 100% probability of truth. Scientific method seeks to present all relevant variables, and provides a ratio of true / untrue % of time tested, # of times tested and # of variables controlled for being the approximation to all relevant variables.

Whether or not a variable is relevant cannot be ascertained unless the variable is at least partially retained. Since it is always possible I missed something, I don't foresee a method of obtaining proof of the absence of relevant data.

Probability of truth or untruth must be extracted from visible data, taking into account a probability of X-Factor, or that missing data relevant to the question's answer may exist.

To illustrate X-Factor relevant data, it is possible you or I am a brain in a vat being sent electronic signals to artificially generate a hologram of reality. Most of what registers as scientific fact would be disproven were this the case. It is even possible I only suspect I exist, if I really could be missing how this is possible and held telepathically to think the data creates irrefutable proof of my existence.

The data relevant to answering whether I exist seems according to all visible data very small. I can't think of a way of thinking without existing. How can I reflect if I don't exist to reflect? Yet if I truly am missing the answer, there might genuinely be a way to reflect without existing and I just don't know it.

A fictional character can reflect on whether he she or whatever exists. Yet the fictional character does not exist to reflect.

Probability of missing relevant variables has to be extracted from the visible data set. So that, the probability it is what I think is the probability measuring visible data creates that I'm not missing any relevant data or that the missing relevant data wouldn't refute my conclusion.

If nothing is certain, the gamble is visible, so that it is possible to make a collateral assessment. Isolate the highest to lowest ranking probability plausible collaterals (possible collaterals are likely to be infinite), then come up with the solutions that answer to the majority of those plausible collaterals. Whatever solution has the highest odds of overcoming the most to least plausible collaterals is the highest success probability gamble.

Time to decide may be taken until the most relevant collateral assessment to what you want out of life tanks more from further thinking than from acting.